

# Together Against Hate Crime



- Have you experienced abuse or violence because of who you are or because of who someone thinks you are?  
**Report it.**
- Was the abuse or violence aimed at you based on disability, race, religion, transgender identity or sexual orientation?  
**Report it.**
- Was the abuse or violence directed against someone else but you saw or heard it?  
**Report it.**
- If you are distressed about the incident and want something done about what happened then don't let it go. Often hate crimes grow from seemingly small incidents.  
**Report it.**

If the incident happens at work, talk to your Usdaw rep and your manager.

Report directly to the police by calling 101 (999 in an emergency), online at [www.report-it.org.uk/home](http://www.report-it.org.uk/home) (England, Ireland and Wales), [www.scotland.police.uk/secureforms/c3](http://www.scotland.police.uk/secureforms/c3) (Scotland) or contact your local Citizens Advice Bureau.

If you want help to report it contact Usdaw on 0800 030 80 30 or email: [equalitymatters@usdaw.org.uk](mailto:equalitymatters@usdaw.org.uk)

