Have you got the **Skills for**



Life?

"Now I would like to do more courses. **Computers is my** next challenge. I wouldn't have even thought about learning if Usdaw hadn't come in the store."

Would you like to improve your reading and writing skills?

- Write better letters or reports?
- Improve punctuation or spelling?



- Be confident filling in forms?
- Develop better communication skills?

... then Usdaw can help! **Basic Skills are Skills for Life**

Do you need to improve your number skills?



- Understand percentages?
- Deal with metric weights and measures?
 - Work out your tax, national insurance or your pension?
 - Help the children with their homework?

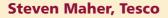


What our members say ...

"Whilst at work I took part in a Lifelong Learning awareness day with Usdaw and as a result I enrolled on a Skills for Life course. I really enjoy the course and I have found it useful, not only to help with 'homework' but in budgeting my household bills. I have found more confidence and am spreading the word to help others in a similar situation as me. It's not as hard or frightening as you think, the tutor helps you to understand things in an easier and less complicated way."

Sharon Dee, Tesco

"When I phoned the college to find out my results they told me I'd not just passed, but I had a 100% pass mark! I was over the moon – this is my biggest achievement – I was so proud!"





From basic entry level right up to GCSE! And you can achieve a recognised qualification if you want to. Usdaw can find the right course for you **FREE!**







For more information about Skills For Life, contact your Usdaw Union Learning Rep: